

**ROOKIE
LIFEGUARD**

**WATER SAFETY
ACTIVITY
BOOKLET**

THIRTEEN



RIVER EDITION

WATER SAFETY SEARCH



L	O	L	D	J	A	N	B	I	R	T	S	E	T	W	V	Q	Y	L	B
Z	V	Q	V	T	E	W	R	G	V	W	O	G	R	B	Q	F	Q	N	D
Y	M	T	J	R	W	L	I	F	K	F	U	D	E	C	S	R	B	U	Z
C	U	S	S	Y	M	U	D	S	M	C	N	Q	T	B	A	N	K	S	O
N	A	G	I	N	Z	Z	G	H	P	D	U	J	A	D	N	U	R	L	S
T	H	N	Q	W	O	A	E	V	G	V	U	K	W	U	Z	Z	Z	R	F
T	T	Y	A	U	O	W	S	O	U	P	S	S	D	C	U	F	W	A	J
F	A	E	V	L	A	I	A	S	G	Z	Q	S	N	K	P	H	K	N	C
A	P	Z	H	X	Y	R	A	L	Y	Y	Y	X	U	S	O	X	E	D	W
F	W	P	J	U	L	F	R	U	D	Q	R	M	O	M	N	Y	Y	D	L
D	O	F	G	N	R	S	M	Y	I	X	S	A	R	X	D	G	G	W	L
C	T	L	M	O	D	C	K	C	X	Q	C	U	G	W	G	W	V	R	G
L	N	O	A	M	A	U	N	U	Q	R	L	E	R	T	S	O	H	L	U
N	Y	O	E	D	O	H	F	O	Y	J	W	N	A	G	R	L	N	M	E
Q	L	D	R	N	W	V	B	M	M	K	G	L	I	R	I	F	M	X	R
Y	R	V	T	A	L	W	P	X	R	O	L	R	M	E	E	N	D	Q	N
U	A	H	S	L	M	A	Z	H	X	F	Z	H	C	K	W	S	G	D	Z
O	C	B	S	N	X	V	F	C	Q	O	S	U	H	A	R	I	V	E	R
K	K	Z	I	I	U	T	R	I	J	A	W	R	Q	L	U	P	M	O	M
B	R	O	O	K	F	O	P	X	R	E	S	E	R	V	O	I	R	P	L

Banks
Bridge
Brook
Canal
Ducks
Flood

Flow
Groundwater
Inland
Lake
Pond
Quarry

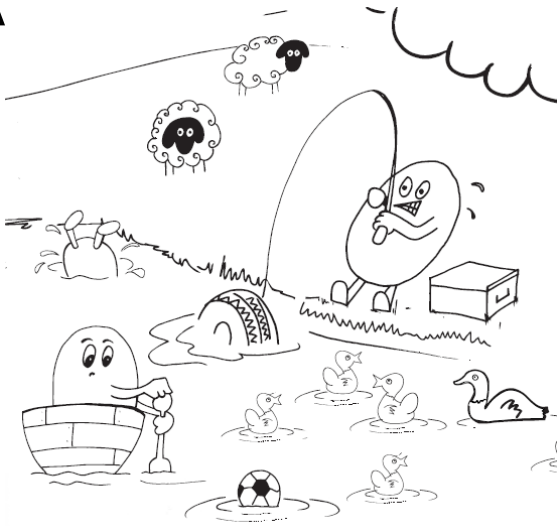
Reservoir
River
Stream
Surging
Towpath
Weirs

BY THE RIVER

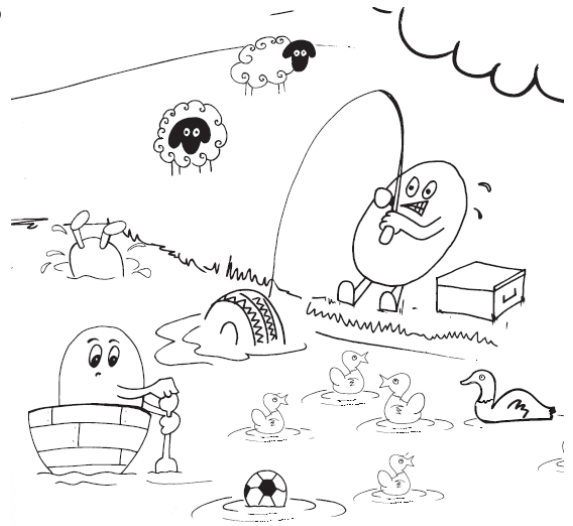
ROOKIE LIFEGUARD

Can you tell which of these river bank images are identical?

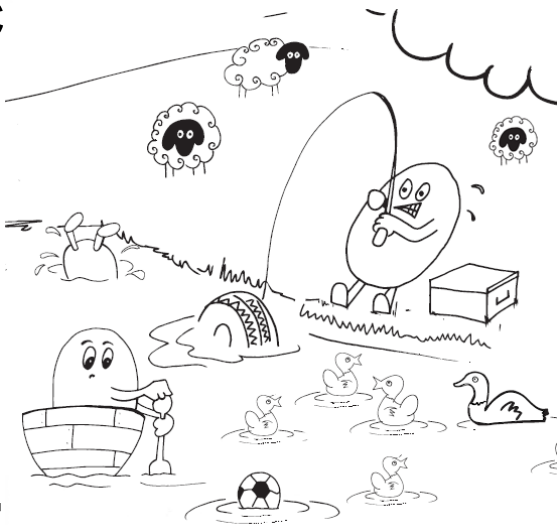
A



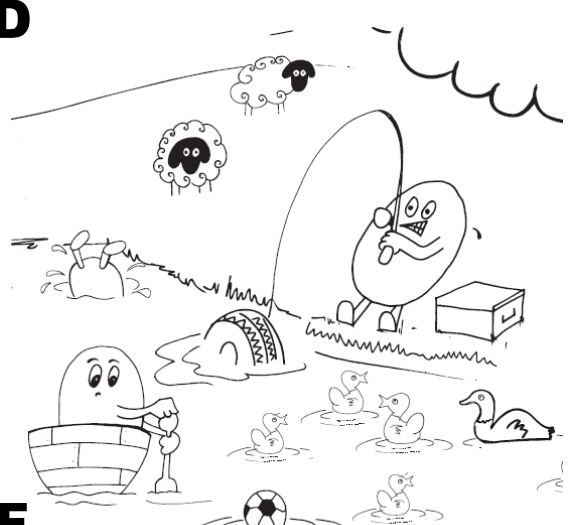
B



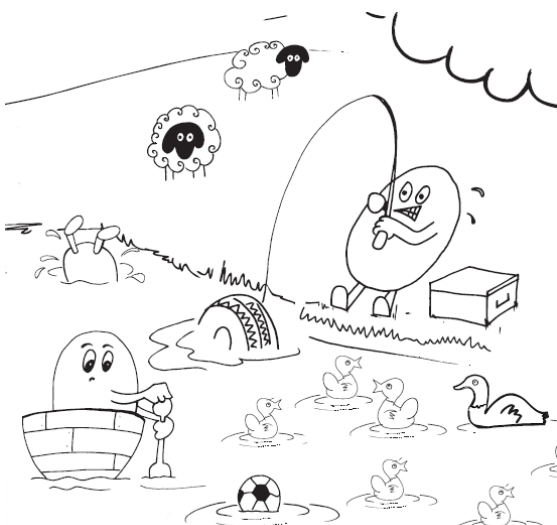
C



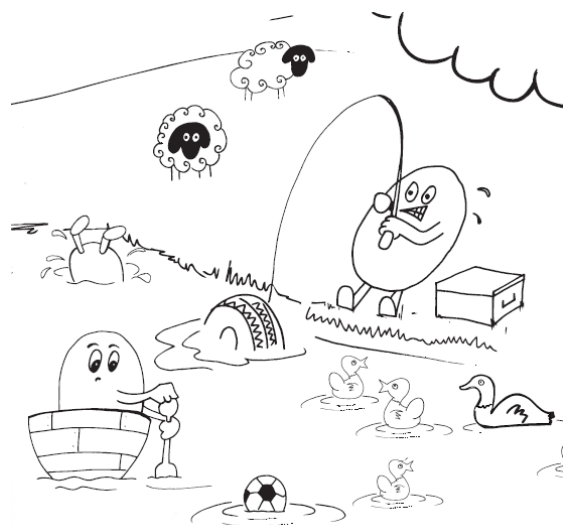
D



E



F



FAVOURITE ACTIVITIES



Each of the girls have a favorite piece of activity to do by the river. With the clues we have given you below can you work out the activity for each of the girls.

	Cycling	Fishing	Running	Boating	Walking
Beth					
Ezra					
Sarah					
Jasmine					
Ava					

- Beth likes to get out doing the activity that starts with the same letter as her first name
- Sarah doesn't like fishing or walking
- Jasmine's got her bike for her birthday and therefore cycling is her favourite
- Ezra's favourite is neither fishing or running

SAFE SUDOKU

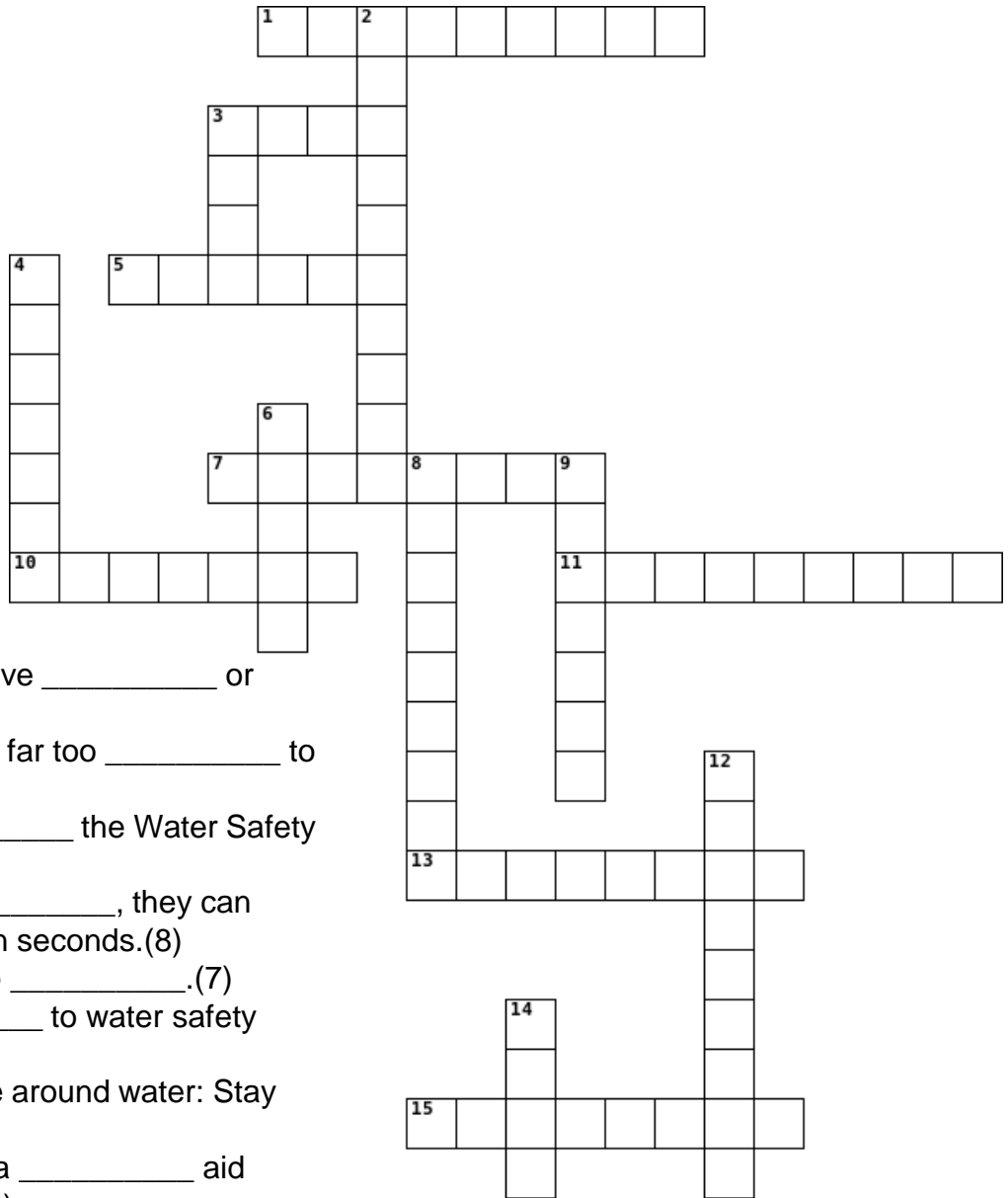
It's Water Safety Sudoku - fill in the grid with the letters S, A, F and E, making sure no letter is repeated in every row, every column and within each mini grid.

	F	A	
			E
S			
		S	A

E			
		S	
	A	E	
		A	S

	A		
		A	
F		E	
A			S

RIVER WATER SAFETY



Across

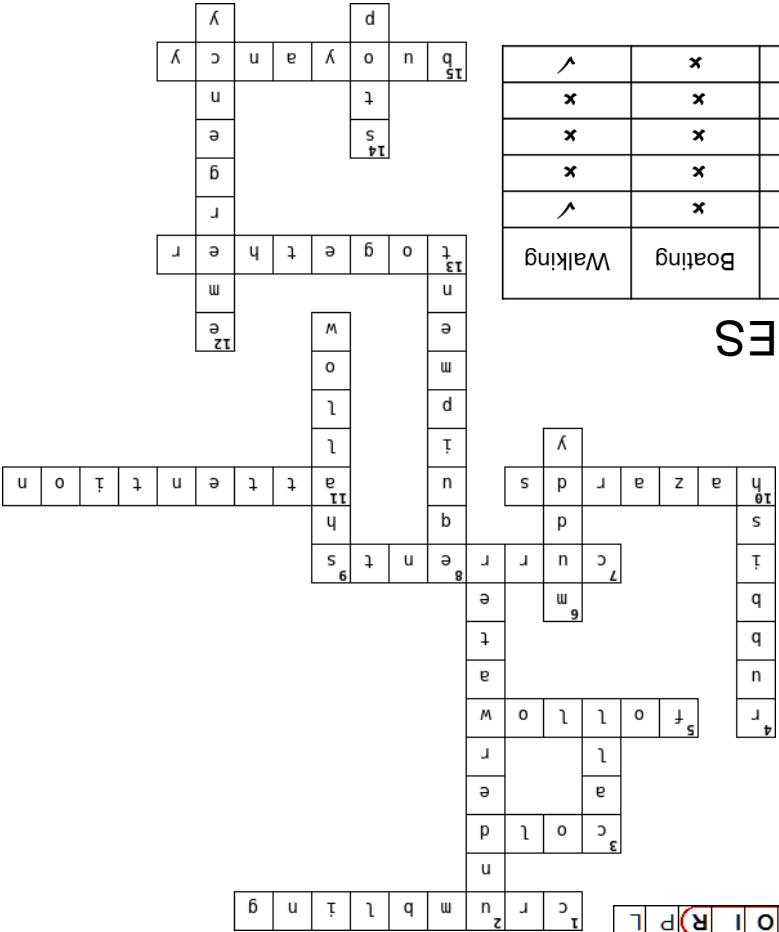
- 1. Banks often have _____ or steep edges.(9)
- 3. Most rivers are far too _____ to swim in.(4)
- 5. Always _____ the Water Safety Code.(6)
- 7. Beware of _____, they can carry you away in seconds.(8)
- 10. Beware of trip _____.(7)
- 11. Pay _____ to water safety signs.(9)
- 13. When you are around water: Stay _____.(8)
- 15. Always wear a _____ aid when on water.(8)

Down

- 2. You may risk getting trapped in weeds, branches _____.(10)
- 3. In an Emergency: _____ 999 or 112.(4)
- 4. There may be _____ or debris hiding beneath the surface.(7)
- 6. The water will be _____ and not as clean as swimming pool.(5)
- 8. Rescue _____ may be missing or broken.(9)
- 9. Water may be too _____ or deep.(7)
- 12. In an _____: Float.(9)
- 14. When you are around water: _____ and Think.(4)

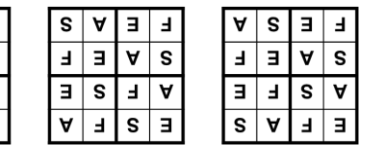
ANSWERS

ROOKIE LIFEGUARD



Walking	Boating	Running	Fishing	Cycling	Beth
					Ezra
					Sarah
					Jasmine
					Ava

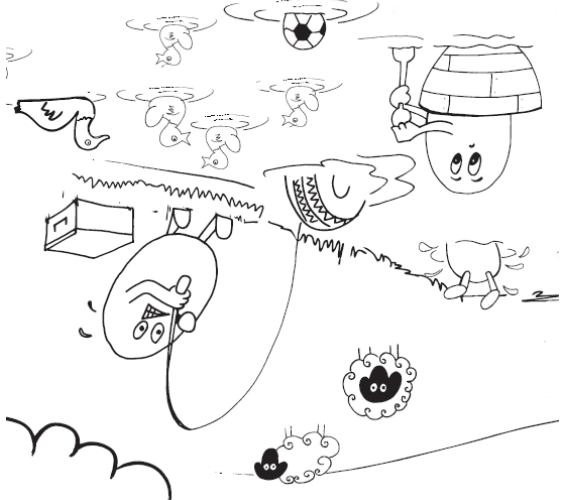
FAVOURITE ACTIVITIES



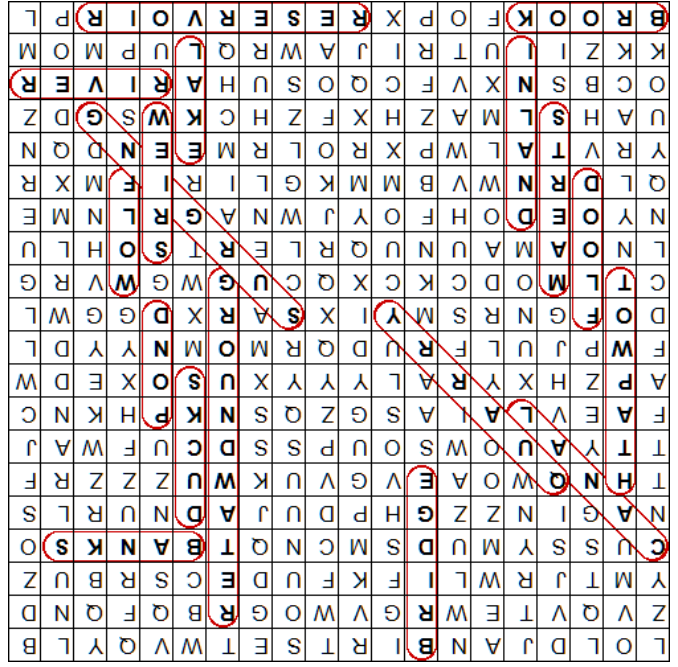
SAFE SUDOKU

RIVER WATER SAFETY

A and B are identical



BY THE RIVER



WATER SAFETY SEARCH