## ROOKIE LIFEGUARD

## WATER SAFETY ACTIVITY BOOKLET

 TEN
## WATER SAFETY SEARCH

## ROOKIE LIFEGUARD

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Beach
Cliff
Coastguard
Flags
Ice Cream

Inflatable
Lifeboat
Ocean
Patrol
Rip

Rocks
Sand Castle
Seagull
Shore
Summer

Sun Cream
Surf
Surfer
Tide

## ROCK POOL PARTY

Some octopuses, fish and a few mermaids are in a rock pool. Altogether there are 38 arms, 24 eyes and 8 tails in the pool.

## OBSERVANT LIFEGUARD

As a Lifeguard it is important to have good observation skills. Can you tell which of these beaches are identical?

## A




## E




D


F


## BLANKETS ON THE BEACH

## ROOKIE LIFEGUARD

Four families are going to the beach in the morning and are bringing their family size blanket.
Can you work out how many members each family has, what time they arrived at the beach and what colour their blanket is

1. The green blanket sits 5 people.
2. Family Thorpe arrived at the beach one hour after the family with the blue blanket, and one hour earlier than the largest family.
3. Family Kendal has the green or yellow blanket. They have one more family member than Bensons.
4. Ridleys don't have the white blanket and aren't the smallest family.
5. The smallest family doesn't have the yellow blanket.
6. The family with the green blanket arrived at 7:00 and the Ridleys are 6 people.


## BEACH WATER SAFETY


1.Don't use $\qquad$ in the sea if it's windy.(11)
4.Never swim when a red flag is $\qquad$ .(6)
6.Don't swim near pipes and $\qquad$ .(5)
10.Listen to what the $\qquad$ tells you.(9)
12. When you are $\qquad$ water: Stay together.(6)
13.Never jump off $\qquad$ into the water.(6)
15.Keep an eye on children. Don't let them $\qquad$ off.(6)

## Down

2.Make sure the water is not too $\qquad$ or too deep.(7)
3.When you are around water: Stop and $\qquad$ .(5)
5.In an $\qquad$ : Call 999 or 112.(9)
7.Red and yellow flags mean lifeguards and $\qquad$ swimming.(10)
8.In an Emergency: $\qquad$ .(5)
9. $\qquad$ limits your ability to swim.(7)
11.Don't ignore the $\qquad$ signs.(6)
13. Beware of $\qquad$ - they can carry you out to sea.(8)
14.Take care in the $\qquad$ - it can take you as little as an hour to burn.(3)

## ANSWERS

## ROOKHE LIFEGUARD



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